

# TRANSMAROCAINE

## TIZI N' TRAIL

### REGULATION OF RACE 2019

#### **Article 1 – The event**

The Raid association of Mercantour and GO2EVENTS organizes from 21 till 25 March 2019, the 7th edition of Transmarocaine TIZI N' TRAIL with the cooperation of Tensift Al Haouz's province. Transmarocaine TIZI N' TRAIL 2019 is a stage race, competed in the Al Haouz's magnificent region (Marrakesh).

#### **Article 2 – Registration requirements**

Be a member of the association " Raid du Mercantour ". The membership is included with the registration of the event (10,00 €).

Being major (+ of 18 years) and to be hold of a license FFA of current validity.

For the not license holders : possess a medical certificate of not contraindication in the running on rough terrain.

The originals of these documents are compulsory during the retreat of chasuble and the organization will keep medical certificates in its ownership and this during one year. (According to the law 99-223 of 23/3/99: the participation in sporting events organized or approved by the sports federations is subordinated to the presentation of a sports license carrying certificate of the delivery of a medical certificate mentioning the absence of contraindication in the sports practice in competition, or, for the not license holders to whom these competitions are opened, at the presentation of this only certificate or its certified true copy, who has to date less than year).

The price list of registration "Europe" for 2019 is 690,00 € a person until 31/10/2018, 760€ for a registration between 01/11/2018 and the 31/12/2018, 810€ for a registration between 01/01/2019 and the 15/03/2019. Special price lists for clubs, works councils and Moroccan competitors are available on request.

The price of registration includes: your participation to the Morocco Tizi N' Trail, 1 hotel room night in Marrakesh in double or triple room, 3 nights in comfortable bivouac with toilets (or holiday cottages), the meals in half board (except free said periods), the transport on the spot of a supple bag of 20 kg, the organization and the logistics of the race, the provisionings during the stages, the medical care, the prize-giving with the T-shirt finisher.

The price of registration does not include: the air transport and the transfers airport hotel, the insurances and drinks out of the (race).

We propose you, with a supplement, a transfer between Marrakesh and the Lake Lalla Takerkoust (40km).

#### **Article 3 – Registration voucher**

The retreat of chasuble and all the technical checks will be made on Thursday, March 21st from 12 am till 6 pm in the inn " the relay of the lake " on the lake Lalla Takerkoust. The chasuble must be carried front of and be completely readable during the race. Should the opposite occur the runner may of disqualification.

#### **Article 4 - Undertaking**

Any commitment is firm and definitive, it can be the object of a refund only for grave reasons (accident, serious illness requiring hospitalization, death of the runner himself, either death reaching his spouse or its ascendants or descendants the first degree in the days preceding the event) and it enough early. Any cancellation of registration must be made by registered mail. No withdrawal is recorded by telephone or fax.

In case of cancellation of one participating, the following conditions are applicable:

- before 31/12/2018: the organization pays off 100 % of amounts paid (excluding charges fixed of 100 €).
- before 31/01/2019: the organization pays off 80 % of amounts paid (excluding charges fixed of 100 €).
- before 28/02/2019: the organization pays off 50 % of amounts paid (excluding charges fixed of 100 €).
- after 28/02/2019: no refund will be made.

In case of cancellation on behalf of the organization, the following conditions are applicable:

it has to be made at the latest 4 weeks before the departure.

The cases of force majeure remain reserved, the disorders, the strikes as well as the other circumstances obliging us to give up the realization of the event and we reserve the right to interrupt or to modify the already current route. In case of total cancellation from us, all of the paid sums will be postponed on the following edition. Demands in damages are excluded.

### **Article 5 - Liability insurance**

According to the law, the organizers signed an insurance covering the consequences of their civil liability, those of their employees and all the participants of the Transmarocaine TIZI not TRAIL (RC association).

The competitors participate under their own responsibility in the event of an accident or in failure consecutive to their health. However every competitor has to be in possession of a personal accident insurance covering possible expenses of search and evacuation in Morocco, as well as a repatriation in his country of origin (this insurance may be signed with our insurer on simple demand).

### **Article 6 - Ravitaillement Supply**

The principle of individual race in semi-self-sufficiency is the rule.

Posts of provisioning are supplied with drinks and foods to eat in. No provisioning outside the organization is authorized. Respect the environment by thinking of throwing your packagings of bars in trash can given on the provisionings and never on the paths at the risk of disqualification.

### **Article 7 - Compulsory equipment**

The event is run in semi-self-sufficiency, of this fact the competitors will have to arm themselves of:

- food reserve with energy bars or frosts of their choice.
- minimum of 1,5 liters of water or energy drink in the packaging of their choice (phony door, poaches with water etc.)
- foil blanket
- sleeping bag (for 2 or 3 nights in bivouac)
- whistle
- pants or a long tights if possible seal (type Gore-Tex)
- cap or a bandana
- warm and waterproof clothes
- headlamp in working order
- sunscreen and sunglasses

- case of pharmacy the contents of which will be specified to you

Strongly recommended equipment:

- mobile phone with cover Morocco (switched on and battery reloaded to allow us to contact you in case of problem);
- telescopic sticks for mountain stages;

The complete equipment will be verified in the retreat of chasuble and at first for certain drawn lots runners, any negligence will pull a penalty.

### **Article 8 – Logistic**

The competitors of the Transmarocaine TIZI N' TRAIL will find every evening in the bivouac (or holiday cottage) their personal belongings. Your name and number of number will have to appear on your bag. This bag will be forwarded by the organization. You will carry only your material of race for an optimal comfort.

### **Article 9 – Ranking and holdings**

The prize-giving will be made on Sunday, March 24th, 2018 at 8 pm in Marrakesh.

Rewards for 3 first ones to the scratch (men and women), the first 3 teams (addition times of three first ones trailers of the same team who will have declared themselves in team before the departure), and the first 3 companies. T-shirt finisher and award a medal.

### **Article 10 – Control**

Several check point are established by the organization along the route to assure the regularity and the safety of the race.

### **Article 11 – Marshals**

The controls are made by marshals who are under the authority of the director of race whose decision-making power is without appeal.

### **Article 12 - Medical and security assistance**

A medical team compound of doctors, nurses and first-aid workers, will be present during all the duration of the race and it there several posts distributed on the route. She is authorized to put out of the race a competitor considered unfit or putting in danger her safety or that of others.

The competitors authorize the medical service to take the necessary measures in the event of an accident.

In case of abandonment, the competitor has to warn the checkpoint or the closest provisioning and return his number. It will be put except - race and authorized to join the zone of arrival with if need the assistance of the organizers.

Staff of the Moroccan Police and Royal Gendarmerie will be present on the route and on the departure areas and arrived.

Everywhere, the access to healthcare and their nature are left to the judgement by the nursing staff, in particular according to the influx.

### **Article 13 - Médias**

The media coverage is assured by the television, the radio, the local, national press and the specialist publications. The competitors authorize the organization to use their image for any support concerning the event in promotional purposes.

#### **Article 14 – Hourly barriers and time of maximum race**

Hourly barriers will be fixed for each of the stages. They will be communicated during briefing. These hourly barriers are calculated to allow the participants to reunite the arrival in the compulsory maximum time, while making possible stops (provisioning, photos).

To be authorized to continue the event, the competitors have to restart the checkpoint prematurely limit fixed (whatever is the arrival time at the post of control).

In case of meteorological bad conditions and/or for safety reasons, the organization reserves the right, to modify, to stop event - the current stage or to modify the hourly barriers.

#### **Article 15 – Penalty**

The failure to respect what follows will pull the disqualification of the competitor:

- not port of the compulsory equipment or chasuble.
- outside Help of all kinds.
- Non compliance with the route and with the checkpoints.
- Non compliance with the environment (jet of bottle, paper)
- Endangered by her own safety, by that of others or not assistance to a competitor.
- Opinion of the medical service.

The competitors having no required compulsory equipment will see refusing the departure.

The present regulation is valid in its entirety for the runners. The organizers draw the attention of the competitors on the environmental protection, the volunteers and the local populations.

#### **Article 16 - Interdictions Bans**

The use by the competitors of bicycles, mules, machines on castors and / or motorized are formally forbidden on the race.

#### **Article 17 - Timing**

Le chronométrage sera effectué par un chronomètre et un logiciel de chronométrage. Les temps seront disponibles pour chaque point de contrôle noté "CP" sur le parcours.

The timing will be made by a chronometer and a software of timing. The times will be available for every noted control point "CP" on the route.

#### **Article 18 – Cancellation**

The organization reserves the right to cancel one or several stages, even the demonstration in case of force majeure, or if the minimum number of registered runners / walkers ( 40 ) is not reached at December 31st, 2018.

#### **Article 19 - Acceptance of the regulation**

Every competitor recognizes her acquainted with the present regulation and to accept all the clauses. He makes a commitment on the honor not to anticipate the departure and to travel the complete distance before crossing the finishing line.